

89 Tenzan House Special From Kitchen

89 Tenzan Chilean Seabass 24.95 Steam chilean seabass, tofu, topped with mixed soy bean & smoked veg.	Grilled Miso Black Code 23.95
Chilean Seabass w. Orange Miso 23.95	Grilled Sweet & Sour Salmon/Tilapia 17.95
	Red Curry Chicken/ Shrimp/Salmon 16/17/17

Entrees all Served w. Miso Soup or Salad & Rice

Chicken Teriyaki 14	Pork Teriyaki 14
Beef Teriyaki 17	Seafood Teriyaki 19.5 Shrimp, scallop & salmon
Shrimp Teriyaki 17	Vege. & Tofu Teriyaki 13
Salmon Teriyaki 16	Chilean Seabass Teriyaki 21
Combination Teriyaki 17.5 Chicken, beef & shrimp	Combination Teriyaki 17 choice of chicken and shrimp or salmon and shrimp

Negimaki

Beef Negimaki 17.5 Sliced beef rolled w. scallion broiled w. negi sauce	Chicken Negimaki 14.5 Sliced chicken rolled w. scallion broiled w. negi sauce
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Tempura Lightly Battered & Fried, Served w. Tempura Sauce

Vegetable Tempura 13.5	Chicken & Veg. Tempura 14.5
Shrimp & Veg. Tempura 16.5	Chicken & Shrimp Tempura 18.5
Shrimp Only Tempura 18.5	

Age Mono Lightly Battered & Deep Fried, Served w. Katsu Sauce

Pork Katsu 13.5	Chicken Katsu 13.5
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Don Buri Served w. Miso Soup

Oyako Don 13.45 Cooked chicken, egg & veg. over rice	Unagi Don 15.95 Broiled eel over rice
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Yaki Udon Served with Soup, Japanese Sauteed Noodle with Vegetable

Vegetable Yaki Udon 11.95	Beef Yaki Udon 13.95
Chicken Yaki Udon 13.95	Seafood Yaki Udon 16.95 Shrimp, scallop, crab stick & fish crab

Noodle Soup Served with Salad

Nabe Yaki Udon/ Soba 13.95 Noodle soup w. chicken, scallop, crabmeat, fish cake, vegetable, egg & 2 pcs of shrimp tempura	Yosenabe 14.45 Clear noodle cooked w. seafood, vegetable & tofu in broth
Shrimp & Veg. Tempura Udon / Soba 13.45 Udon noodle & vegetable in broth w. tempura on the side	Sukiyaki 13.95 Choice of chicken or beef. Thinly sliced of meat, vegetable & tofu cooked w. yam noodle in sukiyaki broth

Ramen Choice soup flavor of pork bone soup, chicken mushroom soup or miso soup

Vegetable 9.5	Pork 10.5	Seafood 13.5
Chicken 10.5	Beef 10.5	

Dinner Combination Box \$18.95

All served w. miso soup or salad, shumai, California roll, spring roll & rice

Chicken Teriyaki	Salmon Teriyaki
Shrimp Teriyaki	Beef Teriyaki
Chicken Negimaki	Beef Negimaki
Chicken & Veggie Tempura	Shrimp & Veggie Tempura
Pork Katsu	Chicken Katsu
Sashimi 3 salmon, 3 tuna, 3 white tuna	

Tenzan 89 Kitchen Hibachi

All served w. miso soup, mixed veggie, 2 shrimps

Choice of side order: white rice, brown rice, fried rice (brown/white), fried noodle

Choice of Meat:

Chicken 16.95	Beef 18.95	Combo (Chicken & Beef) 19.95
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Lunch Special

Lunch Special All Served w. Miso Soup or Salad & Rice

L1. Chicken Teriyaki 9.5	L8. Shrimp & Veg. Tempura 10.5
L2. Beef Teriyaki 10.5	L9. Chicken & Veg. Tempura 9.5
L3. Salmon Teriyaki 10.5	L10. Unagi Don 10.5 Grilled eel over rice
L4. Shrimp Teriyaki 10.5	L11. Nabe Yaki Udon 10.5 Noodle soup w. 2 pcs of shrimp tempura, chicken, crabmeat, fish cake, vegetable & egg
L5. Pork or Chicken Katsu 9.5	
L6. Beef Negimaki 10.5	
L7. Chicken Negimaki 9.5	

Lunch From Sushi Bar All Served w. Miso Soup or Salad

L12. Sushi Lunch 10.5 Assorted sushi & 1 California roll	L14. Sushi & Sashimi Lunch 15.5 7 pcs sashimi, 4 pcs sushi, 1 California roll
L13. Sashimi Lunch 12.5 9 pcs sashimi	

Maki Lunch

L13. Any Two Rolls / Any Three Rolls 9/12		
Tuna	Salmon Skin	Salmon Avocado or Cucumber
Alaska	Philadelphia	Yellowtail & Scallion
Salmon	Eel Avocado	White Tuna & Scallion
Boston	Eel Cucumber	Cucumber & Avocado
California	Sweet Potato	Peanut & Avocado
Spicy Tuna	Shrimp Avocado	
Spicy Salmon	Tuna Avocado or Cucumber	

Lunch Combination \$11

All Served w. Miso Soup & Salad, Shumai, California Roll, Spring Roll & Rice

L14. Chicken Teriyaki	L19. Chicken & Veg. Tempura
L15. Salmon Teriyaki	L20. Beef Teriyaki
L16. Shrimp Teriyaki	L21. Pork or Chicken Katsu
L17. Chicken Negimaki	L22. Beef Negimaki
L18. Shrimp & Veg. Tempura	L23. Yaki Tori

Dessert and Drinks

Soda 2 Nestle tea, coke, sprite, ginger ale, club soda, dite coke	Ice Cream 4 Green tea, red bean or vanilla	Chocolate Duo Mousse 6.5
Japanese Soda 3.5	Yokan 4 Red bean cake	Green Tea Tiramisu 6.5
Ice Cream Tea 2.5	Tempura Cheese Cake 6	
Tempura Ice Cream 6 Green tea, red bean or vanilla		

Side Order

White Rice 2	Dressing 1	Spicy Mayo 1
Brown or Sushi Rice 2.5	Green Tea 1	Other Sauce 1
	Eel Sauce 1	

Food Allergies?

If you have a food allergy, please speak to the owner, manager, chef or your server



Japanese Cuisine

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New York, NY 10128
(Corner of 89 St.)

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Mon - Fri	Lunch: 11:00am - 4:00pm
	Dinner: 4:00pm - 11:00pm
Sat & Sun	Lunch: 11:30am - 4:00pm
	Dinner: 4:00pm - 11:00pm

ZAGAT SURVEY

TENZAN

FOOD	DECOR	SERVICE	COST
22	16	19	\$35

"Fresh", "no-nonsense" sushi nets schools of cross-borough fans for this "quality" Japanese quartet boasting a fine "fish-to-rice ratio" in its "creative rolls"; even those who "marvel at how low the bill is" say the decor is "on the neon side" - maybe it's "better for takeout".

NEW YORK CITY RESTAURANTS
2013



Japanese Cuisine

www.TenzanSushi89.com



Soup

Miso Soup soybean paste soup w. bean curd, seaweed & scallion	2.5	Vegetable & Tofu Soup Boiled bean curd & vegetable in broth	5
Mushroom Soup	4	Seafood Soup Shrimp, scallop, fish cake, crab stick & vegetable in broth	7
Pumpkin Soup	6.95	Spicy Miso Seafood Soup	7.5

Salad

Green Salad with ginger dressing	3.95	Roast Duck Salad Crispy duck w. orange yuzu and sweet chili sauce	9.5
Seaweed Salad	6	Pepper Tuna Salad Seared pepper tuna w. chef's special sauce	11
Hijiki Salad Cooked black seaweed with soy bean	6.5	King Crab Salad King crab, tobiko, cucumber, crunch, scallion & mix mayonnaise	13
Salmon Skin Salad Crispy salmon skin w. cucumber & tobiko w. spicy sauce	6.95	Mango Shrimp Salad	7.95
Kani Salad	7	Avocado Salad	6.5

Appetizers From Kitchen

Shumai Steamed shrimp dumpling	5	Age Tofu Deep fried bean curd w. light sauce	5.5
Gyoza Pan-fried dumpling, choice of pork, vegetable or shrimp	6.5	Vegetable Spring Roll	4.75
Edamame Boiled soybean	4.95	Chicken Satay	6.5
Yaki Tori Broiled chicken & vegetable on skewer	5	Grilled Miso Eggplant	6
Oshitashi Cold steamed baby spinach w. flake & light sauce	6.5	Indian Pancakes	4.5
Chicken Negimaki Appetizer	6.5	Miso Black Cod	11.5
Beef Negimaki Appetizer	7.5	BBQ IKA on Skewer	5.95
Seafood Spring Roll	6	Chicken Lettuce Wrap Diced chicken w. pea and onion	9
Tempura Appetizer Choice of shrimp or chicken w. vegetable	8.5	Blue Crab Fajita Tortilla blue crab, onion, cream cheese with balsamic vinegar	8
Vegetable Appetizer Sauteed mixed vegetable	6.5	Duck N Roll Tortilla wrap with roasted duck, mango, lettuce & cucumber	9.5

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* Consuming raw or undercooked meats, poultry, seafood, shellfish, or egg may increase your risk of foodborne illness, especially if you have certain medical conditions



Tuna Dumplings



Blue Crab Fajita



Tuna Tartar



Yellow Roll



Special Dragon Roll



Snow Mountain Roll



Beautiful Roll



Mango Hawaiian Roll



Sweet Heart Roll



Crazy Tuna Roll



Eel Naruto



Godzilla

Appetizer From Sushi Bar

Sushi Appetizer	8.5	White Tuna Tataki Seared white tuna w. sweet miso and chili sauce	11
Sashimi Appetizer	9.95	Toro Tartar/Tuna Tartar/Salmon Tartar Seared & thinly sliced tuna in ponzu sauce	15.5/12.5/11.5
Oshinko Appetizer Assorted pickles	5	Sashimi Salad Diced tuna, salmon, avocado, mango and spring mixed w. orange citrus dressing	11.5
Yellowtail Vinaigrette Thinly sliced yellowtail served with ginger vinaigrette	11.5	Sashimi Pizza Seared tuna, seared salmon, seared white tuna, guacamole and tobiko	12
Yellowtail Jalapeno	11.5	Tuna Dumpling	11.5
Super Bowl Crunchy spicy tuna w. half avocado & tobiko	9.5		

Roll and Hand Roll

Tuna	5.25	Shrimp Avocado or Cucumber	6.25
Salmon	5.25	Tuna Avocado or Cucumber	6.25
Yellowtail Scallion	6.25	Salmon Avocado or Cucumber	6.25
Yellowtail Jalapeno	6.75	Pepper Tuna Avocado	7.25
White Tuna Scallion	5.25	Spicy Like Chopped spicy shrimp mixed masago crunch	6.25
Toro Scallion	7.75	Spicy Crunch Scallop	7.25
California Crab, avocado	5.25	King Crab & Avocado	9.25
Boston Shrimp, cucumber & lettuce	5.75	Chilean Seabass 5pcs Toast Chilean seabass w. salt pepper and onion	8.25
Alaska Salmon, avocado & cucumber	5.75	Futo Maki 5pcs Kani, egg, kampyo, oshinko, cucumber, masago	6.25
Philadelphia Smoked salmon, cream cheese and cucumber	6.25	Tempura Roll 5pcs Choice of salmon, chicken, shrimp tempura with avocado and eel sauce	7.25
West Shrimp, egg, avocado, cucumber, masago	5.75	Spider Roll 5pcs Deep fried soft shell crab, cucumber, lettuce, masago and eel sauce	9.25
Dallas Spicy tuna shrimp and avocado	6.75	Dragon Roll 8pcs Eel, cucumber, avocado on top w. eel sauce & masago	10.75
Eel Avocado or Cucumber	6.25	Rainbow Roll 8pcs Crab, avocado, topped w. assorted fish, avocado and masago	12.25
Salmon Skin Salmon skin, cucumber, scallion	5.25	Oyster Roll 5pcs Deep fried oyster w. lettuce, cucumber, mayonnaise & flake	8.25
Spicy Crunch choice of tuna, salmon, yellowtail, white tuna or crabmeat	6.25	Rock Shrimp & Avocado	5.75
Mango Shrimp	6.25		

Vegetable Rolls

Oshinko	4	Mushroom & Cucumber	5	Sweet Potato Tempura potato w. pineapple sauce	5
Kampyo	4	A. A. C. Asparagus, avocado & cucumber	5	Sundry Tomato & Avocado	5
Asparagus	4	Peanut & Avocado	5		
Cucumber	4				
Avocado	4				

Sushi & Sashimi Served w. Miso Soup or Salad

Sushi Deluxe Assorted sushi & tuna roll	19.5	Sushi & Sashimi Combo 9 pcs sashimi, 4 pcs sushi & Tuna roll	24.5
Sashimi Deluxe (16 pcs)	22.5	Yellowtail Special 4 pcs. of sushi, 4 pcs of sashimi & 1 yellowtail roll	23.5
Chirashi Sushi	20	Tuna Special 4 pcs of sushi, 4 pcs of sashimi, 1 tuna roll	22.5
Vegetarian Sushi Assorted vegetable sushi & A. A. C. roll	12.5	Sushi (For 2) 16 pcs sushi w. spicy tuna and dragon roll	44
Tri - Color Don Sliced tuna, salmon & yellowtail sashimi	25.5	Sushi & Sashimi (For 2) 18 pcs sashimi, 10 pcs sushi, 1 kani naruto & 1 green river roll	57
Salmon Special 4 pcs of sushi, 4 pcs of sashimi & 1 salmon roll	18.5		

Rolls Combination Served w. Miso Soup or Salad

Maki A Tuna roll, salmon roll & yellowtail roll	15	Crunchy Maki Spicy crunch tuna roll, spicy crunch salmon roll & spicy crunch crab roll	18
Maki B California roll, eel cucumber roll & salmon avocado roll	16	Tenzan Maki (For 2) Shrimp tempura, sake, rainbow & dragon roll	36
Maki C Boston roll, dallas roll & west roll	17		

Sushi or Sashimi A La Carte

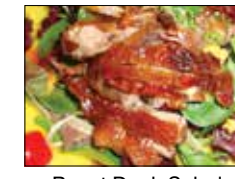
Tuna	3.25	Mackerel	2.75	Life Scallop	4.5
Salmon	3.25	Shrimp	2.75	Tobiko	3.75
Yellowtail	3.25	Octopus	2.75	Salmon Roe	4.25
White Tuna	3.25	Squid	2.75	Sea Eel	4.25
Scallop	3.25	Egg	2.25	Sweet Shrimp	5.25
Eel	3.25	Crab Stick	2.25	Sea Urchin	5.25
Smoked Salmon	3.25	Red Snapper	4	King Crab	5.25
Striped Bass	3.25	Salmon Scallop	4.5	Tuna Belly	9.5
Fluke	3.25	Yellowtail Scallop	4.5		

Naruto (No Rice)

Rainbow Naruto Assorted fish, avocado, masago	12.5	Tuna Naruto Tuna, avocado, masago	14
Kani Naruto Crab stick, avocado, masago	8.5	Spicy Tuna Naruto Spicy tuna, avocado	11.5
Eel Naruto Eel, avocado, lettuce	14	Garden Naruto Inari, asparagus, mango, jalapeno, avocado	10

89 Tenzan Special Rolls

Veggie Lover Sun-dried tomato, mango & cucumber, wrapped with avocado, peanuts on the top, served pineapple sauce	10.9	Green River Tuna, salmon, yellowtail, white tuna mixed with black olive, cilantro, jalapeno, scallion, avocado, wrapped with green soy paper seaweed	14.45
Healthy Seaweed salad, crunch avocado, apple top with sliced of mango	10.9	Red Lady Shrimp tempura, spicy tuna, mango and cucumber wrapped with pinky orange soybean seaweed	14.45
Sake Spicy salmon, avocado wrapped w. salmon & masago on top	13.95	Yellow Spicy crunch albacore & scallions topped with yellowtail & jalapeno	14.45
Snowing Spicy tuna, cucumber wrapped w. spicy tuna & crunch on top	13.95	Godzilla Shrimp tempura inside, spicy tuna & avocado & black tobiko on the top	14.45
Double Taste Chopped white tuna flake scallion wrapped w. tuna, salmon & salmon roe on top	13.95	Ever Green Fresh tuna, salmon, yellowtail & jalapeno, roe, green soy paper wrapped	14.95
Forever Tenzan (no rice) 6pcs Deep fried white fish, kani, avocado inside, top with spicy tuna & spicy salmon, served spicy mayo wasabi, mayo eel sauce	13.95	Sweet Heart Spicy tuna crunch, avocado inside, tuna on top	14.95
True Love Pepper tuna, asparagus, cucumber inside, top with seared white tuna, wasabi tobiko, served chili sauce	13.95	Red Lobster Lobster tempura, asparagus, cucumber, masago wrapped with red soy paper served eel sauce	15.95
Crazy Tuna Crunchy spicy tuna inside, top with pepper tuna & wasabi mayo	13.95	Tri - Color King crab, avocado & cucumber, top with three kind tobiko	15.95
Under The Sea Eel tempura, cucumber, cream cheese inside, wrapped with spicy salmon, seaweed salad on the top	13.95	Snow Mountain White tuna & avocado, wrapped with soy paper top w. spicy king crab & crunch	15.95
Mango Hawaiian Fresh salmon, avocado inside, top with mango and wasabi tobiko & spicy mango sauce	13.95	TNT Tuna, mango, avocado inside. chop toro garlic chip on top	16.95
Spiderman 5pcs Crispy soft shell crab top with crunch spicy tuna & tobiko	13.95	Beautiful Roll Shrimp tempura, fried banana, eel wrapped w. soy paper & mango, eel sauce	14.45
Spicy Lobster Mango, cucumber, avocado inside, spicy lobster salad on top	13.95	Rock N Roll Deep fried crabmeat & avocado topped w. crunchy spicy tuna	11.95
Spicy Girl 6 pcs Lightly fried spicy salmon, eel, avocado w. spicy sauce	14.45	Salmon Tuna Rollover Crunchy spicy salmon, peanuts sauce, topped w. pepper crusted tuna & avocado	14.95
Special Dragon Shrimp tempura & cucumber & wrapped w. eel & avocado	14.45	Pink Lady Crunchy spicy tuna, avocado, shrimp tempura wrapped in pink soy paper	15.50
Dancing Eel Spicy tuna & flake wrapped w. broiled eel on top	14.45	Perfect Match Lobster salad & avocado roll with salmon, yellowtail & tobiko on top	14.50
		Fantastic Spicy tuna & white tuna tempura w. Cajun salmon & avocado on top w. spicy aioli, honey wasabi & eel sauce on the side	15.50



Roast Duck Salad



Rock Shrimp Tempura



Chicken Teriyaki



Miso Blackcod



Pork Ramen